

BILTMORE *Lifestyles*

Service Publication

Lisa Williams

Ultra Smooth Skin

*Making Phoenix
More Beautiful...
One Client
at a Time!*

Special Feature Page 9



Ultra Smooth Skin Introduces Thermage Non-Surgical Skin Tightening

By **Samantha DeRose**

Thanks to advanced and diligent skincare routines, holding back the years is getting easier and easier, but there's one thing our skin has yet to conquer—physics!

As we lose collagen and gravity pulls us down, radiofrequency treatments like Thermage can help skin stay firm and uplifted.

Lisa Williams, ANP-C, Nurse Practitioner, Medical Aesthetics Director shares how her clients are able to turn-back the hands of time with Ultra Smooth Skin's non-invasive, non-surgical Thermage treatment.

The Lowdown - What is Thermage and how does it work to address the signs of aging?

Thermage is a non-surgical FDA approved face and body skin tightening treatment that uses radiofrequency energy to stimulate collagen formation to lift, tighten, smooth and contour the skin to create an overall younger appearance.

It is a popular choice for adult men and women, whether they are just beginning to notice the symptoms of aging on skin or have dealt with years of wrinkles and sagging skin.

This non-invasive alternative to cosmetic surgery is perfect for those looking to achieve smooth, firm, tight, glowing skin without surgery, needles or downtime.

Firmer, Tighter Skin Anywhere - What areas of the body can Thermage be used?

Thermage can be used in numerous places throughout the body, from the

eyes to the thighs, hands and knees. Many people use Thermage for sagging jawline, turkey neck or wrinkled skin on the belly.

The Blow-by-Blow - What is the treatment process like?

After removing all traces of make-up, a temporary tattoo grid is placed along the treatment area. Your aesthetic provider will then use a handheld device that cools, heats and then quickly re-cools the skin. During the procedure you will feel a gentle vibrating sensation with intervals of a heating sensation on your skin as the radiofrequency heat (RF) penetrates the deeper layers of the skin. After each grid section has been gone over three times, the technician then contours along the jaw and cheekbones for added tightening. The Thermage procedure generally takes 45 minutes to treat the face and up to an hour for other parts of the body, depending on the size and location of the treatment area.

The Results - What can you expect and what is recovery/aftercare like?

Following the treatment, you will be able to go about your usual day. The entire procedure is non-invasive with no downtime. You may notice that your skin is a bit red for a few hours afterward, but you can resume your normal skincare regimen following treatment, including makeup application. You will notice initial tightening, however full results become more obvious in the next two to four months.

The best part about Thermage is that unlike many other cosmetic procedures



Lisa Williams, ANP-C, Nurse Practitioner, Medical Aesthetics Director - Photo by Carl Schultz

on the market requiring multiple sessions, Thermage utilizes your body's own collagen to deliver natural results after a single treatment and results continue to improve over time and last for years.

The Cost

The Thermage treatment is \$1,450.

About Ultra Smooth Skin

Ultra Smooth Skin specializes in high quality, non-invasive and non-ablative cosmetic treatments such as Thermage, Botox, Juvéderm, CoolSculpting, CoolTone and laser treatments to clients that are interested in looking younger and enjoying healthy and smooth-looking skin. Founded by Lisa Williams in 2003, the company has three locations in Arizona: Chandler, northeast Scottsdale in DC Ranch and one at the Gainey Village Health Clubs & Spas in Scottsdale. For more information about Thermage, please visit www.ultrasmoothskin.com/thermage.

For more information about Ultra Smooth Skin or to make an appointment for a free consultation, visit www.ultrasmoothskin.com or call or text (480) 991-3038. ❖



Ultra Smooth Skin Location at Gainey Village Health Clubs & Spas

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JUVÉDERM VOLUMA

JUVÉDERM VOLUMA® XC is a facial filler made up of hyaluronic acid, a naturally occurring substance that helps to bind water to cells. Its extensive cross-linking helps to provide an excellent lifting capacity, making it an excellent choice for restoring volume in the cheeks and midface.

WHAT IS JUVÉDERM VOLUMA® XC?

As you age, the cheeks may flatten and the skin may begin to sag. This is caused by natural loss of volume in the cheek area, or what the experts call age-related midface volume loss.

JUVÉDERM VOLUMA® XC is designed to add volume beneath the skin's surface, which provides lift and contour to the cheek area.

HOW LONG DOES IT LAST?

JUVÉDERM VOLUMA® XC provides natural-looking and long-lasting results that last up to 2 years with optimal treatment.



LISA WILLIAMS ANP-C
NURSE PRACTITIONER

Over 100,000 procedures performed by our practice to date

WHO WOULD YOU TRUST?

Schedule Your FREE Consultation – Call (480) 991-3038

www.UltraSmoothSkin.com

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Open Saturdays for your convenience



Lisa Williams, Nurse Practitioner, ANP-C, is one of the top injectors in Arizona earning Black Diamond status as a single solo practice.

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